

# Food for thought

## Language focus

- Words to describe taste
- Verbs for eating
- Verbs for cooking
- Uses of *wish* + *would*

## 1 Food and you

Describe a food that you ...

- especially like.
- especially dislike.
- only ever eat at home.
- used to eat but no longer do.
- know how to make a good meal with.
- associate with a particular place or occasion.

*Useful language*

- *I especially like midnight snacks.*
- *I have a weakness for popcorn.*
- *I wolf down chocolate!*
- *I can't stand broccoli.*
- *My favourite comfort food is lasagna.*

## 2 Bad habits?

Do you ever do any of the following?

- Eat too much too fast
- Snack between meals
- Skip breakfast
- Avoid a food you know is good for you just because you don't like it
- Eat too much of something you know is bad for you

Finally, what's your definition of junk food? Do you ever eat it? Be honest!



### 3 What about other people?

Which of these habits do you find annoying? Which don't bother you?

- Someone making noises when they eat
- Someone slurping when they drink
- Someone eating next to you on the train
- Someone chewing gum next to you in class
- Someone leaving their peanut shells all over the ground
- Someone opening their hot lunch in the library



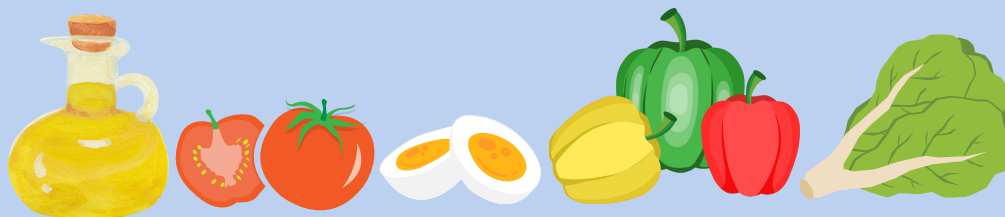
#### Useful language

- *I wish some people would eat more quietly!*
- *I wish people wouldn't leave their food wrappers on park benches.*
- *I wish people would respect 'No eating' signs in libraries and study rooms.*
- *I wish people would clean up their crisp packets and beer cans.*
- *I wish people wouldn't leave their half-finished drinks on dining hall tables.*

### 4 Describe how to cook your favourite recipe

#### Useful language

- *First you **fry** some onion and garlic.*
- *The vegetables are tastier **steamed**.*
- *I let the potatoes **simmer** a while.*
- *I never **boil** the carrots or broccoli.*
- *I save the **strained** water for later.*
- *I **mince** the meat extra fine.*
- *I always **season** with oregano or cumin.*



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## Foods for special occasions

Design a menu for one of the following occasions. Explain your choices of food and make provisions for people who might be vegetarians or vegans.

- A wedding lunch
- A family reunion dinner
- Afternoon tea at a birthday party for a ten-year-old
- The reception after a graduation ceremony

