

Sweet and savoury

Language focus

- Preferences in food
- Contrasting ideas
- *Would* for the past

1 "Food, Glorious Food!"

Talk about you and food when you were a child.

- Was there anything that you hated but you had to eat?
- Did you eat a lot of sweets and chocolate?
- Did you eat your food without complaining?
- Did you prefer sweet or savoury?



Useful language

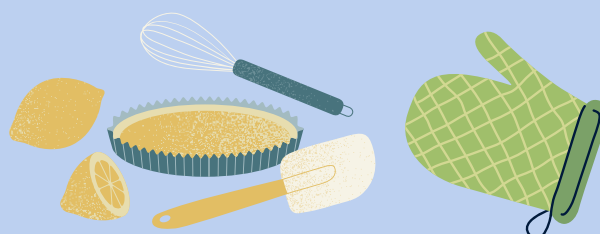
- *I had a sweet tooth.*
- *I was a fussy eater.*
- *When it came to food, I was very picky.*
- *I would always eat my vegetables last.*

2 Eating habits

- What meals did your family eat most?
- Did you use to eat together?
- Were your family big eaters?

Useful language

- *We would usually have soup on Monday.*
- *We would take turns to wash up.*
- *We would always get extra helpings of pasta.*
- *Now we all eat at different times.*
- *Now we cook for our parents.*



3 How important are the following ideas for you?

- Eating together as a family activity
- Having a balanced diet
- Eating at the same time each day
- Buying locally produced food
- Avoiding junk food

Useful language

- *My family never eats together because we all have different timetables.*
- *Eating well is important for us because we all do sports.*
- *I don't pay much attention to the labels on the food I buy.*

4 Special occasions

- **When you were a child, what would your family eat on special occasions?**
- **Does your family ever go out to eat now?**
- **Describe one special occasion, either from when you were a child or from more recently.**

Useful language

- *We would usually have ...*
- *I remember one special day when ...*
- *Last year my brothers and I treated our parents to ...*



5 Pros and cons

What are the pros and cons of the following?

- Being a vegetarian or a vegan
- Growing your own vegetables
- Buying locally
- Junk food
- Organic food
- Free-range eggs



Useful language

- **On the one hand**, free-range eggs are tastier; **on the other**, they're **also** more expensive.
- *Buying locally supports local farmers; however, shops don't always stock their produce.*
- *Organic food can help build up your natural defences, whereas junk food just makes you sick.*

