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Workshop  
**Getting Your Act Together I:  
Self-Regulation and Agency**  
19<sup>th</sup> & 20<sup>th</sup> September 2024



Organization: Philipp Schmidt & Marta Jorba

Contact and further information: [philipp.schmidt@uni-heidelberg.de](mailto:philipp.schmidt@uni-heidelberg.de)

Room: 24.009, Ciutadella Campus, Edifici Mercè Rodoreda, Ramon Trias Fargas, 25-27, 08005 Barcelona

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